





Plympton Cricket Club

Dear Colts Players/Parent,

We are now a few weeks into the season and so far just the one rain off for training. The matches are starting to happen, with generally positive results.

The purpose of this newsletter is to keep you updated with a few changes coming to the Friday evening training sessions. As last Friday was rained off we organised a managers & coaches meeting to review the first few weeks, and to look at what we can do better to improve the experience of the children, and also help them to improve their all round cricket skills. We have the largest Colts section in West Devon, which is something to be really proud of, but also creates the problem of making sure the children get the appropriate opportunity and coaching to improve and the changes that we are making will help us achieve this.

Friday Training

We will now start EVERY session at 6pm on the dot, please make every effort to make sure that your child is there on time.

We will start with a 5 minute skipping session. This creates many benefits including coordination, fitness, and allows for individual improvement. Please can you send a skipping rope with your child on EVERY Friday please, they are relatively cheap to buy from places like Argos etc, and will be extensively used.

We will then go into ability related groups to do fielding sessions for the next 20 minutes or so before staying in those groups for other cricket related training. All groups will be doing very similar things, but the difficulty level will depend on the ability with each group. These groups will be ability related and as players show improvement the children will move around as appropriate. We feel that this will give all of the children the best opportunity to improve and get as much as possible from the sessions.

At the end of the session there will be a debrief with the players, and we will be ending the night at 8 o'clock at the latest.

Hopefully this is all clear enough, but if you have any questions or would like to discuss anything please do not hesitate to contact me.





Volunteers

The new structure is also going to require your support, so please get involved. Please see below roles that any parent/grandparent/guardian or sibling can get involved with:-

Coach Support – Helpout with the session we are putting on. This will involve helping to set out sessions, take small groups for drills under coach support, throw balls and have fun. There is nothing better after a hard week at work to have a couple of hours of being a big kid again, and you can treat yourself to a nice drink afterwards.

Bar – We currently only have a small team of people helping behind the bar, and for anyone who would like to give it a go full training will be given. This would only be 1 week in 5 at most and is good fun.

Barbeque- On a nice sunny evening there is nothing better than a barbeque whilst watching the cricket. We have a great set up but just need volunteers to run it, and again it would just be when the weather allows.

If we all volunteer for something it really does help, and the more money we can bring in the lower we can keep membership and match fees the following season, which benefits everyone in the club. We are a family club and are all volunteers, so lets pull together and it works for everyone. There is a volunteer's form at the bottom of this email, please either return to me by email or pass it to me on Friday evening.

Managers

Under 8 – Vacant

Under 10 – James Horrell jhorrell0809@googlemail.com mob 07580 087164

Under 12 St Maurice – Neil Martin martin n4@sky.com mob 07714 572602

Under 12 St Mary – Keith Willcock keith.willcock@hotmail.com mob 07717 440209

Under 14 St Maurice – John Agnew jagnew19@gmail.com mob 07814 058724

Under 14 St Mary – Ian Duckworth <u>duckworth11@hotmail.co.uk</u> mob 07815 960674

Under 16 – Jon Goulder jdgoulder@protonmail.com mob 07403 071446

Thank you for your time in reading this. Let hope we now have an enjoyable, sunny and succesful summer, and I look forward to catching up with everyone soon.

Regards

Keith Willcock

Plympton Cricket Club Colts Coordinator





Plympton Cricket Club 2018

Volunteer Form

Name:	
Contact nun	nber:
Email:	
I would like to help with:-	
Coaching	[]
Bar	[]

Barbeque []



